

CHRISTU JYOTHI CONVENT SR.SEC SCHOOL, BARAUT

S .ST

CH-13

FOOD AND CLOTHES

BOOKWORK PAGE N.- 99,100

I. Tick the correct option.

1. The long kurta worn by Kashmiris is called:

Ans: (c) phiran

2. Rice and fish is the favourite food of the people in:

Ans: (a) West Bangal

3. One of the main ingredients in South Indian dishes is:

Ans: (c) coconut

4. Tamil Nadu is famous for _____ sarees.

Ans: (d) Kanjeevaram

5. Dresses in cities are influenced by:

Ans: (b) Western Culture

II. Fill in the blanks:

1. Lentils and pickles comprise the staple elements in Rajasthan food .

2. The staple diet in South Indian is steamed rice.

3. Generally people in cities wear shirts, trousers, sarees etc.

4. Traditional costumes for men in Delhi include kurta and pyjama.

5. Traditional clothing of Assam is also known as mekhla Chadar.

III.Match the following.

Column A

Column B

1. Punjab

Naan, Kulcha



- | | |
|----------------|-------------------|
| 2. Rajasthan | Dal- Bati- Churma |
| 3. West Bangal | Roshogollas |
| 4. Goa | Egg Molie |
| 5. Kerala | Lamb Stew |

COPYWORK:

IV. Answer the following questions briefly.

1. What are the main food items of coastal areas of western India?

Ans: sweet and sour vindaloo, duck baffad, sorpotel and egg Jolie

2. In which state do women wear Mekhla- Chadar?

Ans: Assam

3. Name two famous dishes of Southern India?

Ans: Dosa, Idli

4. Why are most of the Indians vegetarian?

Ans: For religious reasons

5. In which state do men wear a turban called 'Safa'?

Ans: Madhya Pradesh

V. Answer the following questions.

1. Why do people not wear the same clothes everywhere in India?

Ans: India is a country of varied colours and cultures. Thus, clothes have a wide variety of colours, designs and fabrics to reflect such diversity.

2. What kind of food do the south Indians eat?

Ans: In southern India, the states make extensive use of spices, fish and coconuts, as most of them have coastal kitchen.

3. What are the dresses for men and women in Madhya Pradesh?

Ans: In Madhya Pradesh, most of the men wear traditional Dhoti. They also wear a specific kind of turban called Safa. Women wear Lehenga and Choli in rural areas while Saris and Salwar

Kameez are worn by urban females.

4. Why do people living in different areas eat different kinds of foods?

Ans: The type of soil and climate differs from place to place which results in a variety of crops, fruits, spices etc. That is why people living in different areas eat different kinds of food.

5. What kind of dresses are worn by people in cities?

Ans: Dresses in cities have been influenced by western culture. Generally, people wear trousers, shirts, sarees, salwar, kurti, etc.

